

MOTO YOGA 2021 SCHEDULE

Sunday April 18 * Sunday May 23 * Sunday June 27
Sunday July 25 * Sunday August 22
Sunday, September 26 * Sunday, October 24

10 AM - Chilao School, Chilao Campground
Angeles National Forest

Basic Yoga for strength and flexibility with Jamie Sullo, multiple
decade veteran of two wheeled machines,
yoga and therapeutic massage

Donation based, everyone welcome, lunch, chair massage,
occasionally acupuncture, and always a good time...

(motorcycle not required)

motoyoga.weebly.com

Hosted by Redbird and Jamie Sullo
Jamie 626.808.6627
www.RedbirdsVisions.org
email:
redbirds_vision@hotmail.com



From Angeles Crest Highway (Highway 2) in the
Angeles National Forest, turn into Chilao
Campground at mile marker 49.69. Follow
signs leading to the fire station, and Moto Yoga
signs through the campground to
Chilao School.

